
Friend to Friend Newsletter Spring 2026



Our Meltham Group

It was a beautiful sunny day for Meltham members & volunteers trip to Wentworth Garden Centre in November. Everyone enjoyed their lunches & a look round the shop for Christmas gifts before the coach home

What a great Christmas lunch members enjoyed on December 5th. Anita was our entertainment. She sang a variety of songs & carols, which we all enjoyed singing along too.

Bella celebrated her 90th birthday with her family.

What a great Christmas lunch Tai Chi members & volunteers enjoyed Friday 12th December at The Bulls Head. Linthwaite.

Our Holmfirth Group

Our Men's Group

Trustee news

[Friend to Friend Contact Details](#)

Telephone: Louise on 07825 565659

Email: louise.swift@friendtofriend.org.uk

You can find up to date information about us on Facebook and our website
www.friendtofriend.org.uk



Our groups

You are most welcome as members of our charity to attend any of these:

<u>Group & Details</u>	<u>Day</u>	<u>Times</u>	<u>Location</u>
Zumba - Gentle exercise to music. Most do this seated. Hot drink & chat. Around 20 members.	2 nd & 4 th Thursday	1:30 - 3	Holmfirth Methodist Hall
Holmfirth Lunch Club – Listen to a speaker or other entertainment, soup & sandwich lunch, quiz	1 st Friday	11 - 2	Holmfirth Methodist Hall

sheet or similar, hot & cold drinks & chat. About 30 members.			
<u>Holmfirth Big Meal</u> - Hot 2 course lunch. Quiz sheet or similar, hot & cold drinks & chat. Free raffle. About 30 members.	3 rd Friday	11:45 - 2	Holmfirth Methodist Hall
<u>Meltham Meal</u> - Hot 2 course lunch, speaker, hot & cold drinks & chat. About 40 members.	1 st Friday	11:30 - 2	Meltham Methodist Hall
<u>Tai Chi</u> - Gentle exercise. Can be seated. Chat & hot drink. Around 15 members.	2 nd & 4 th Friday	2 - 3	Meltham Methodist Hall
<u>Men's Group</u> – Hot lunch & drinks, licenced bar, chat, table games. Around 8 members.	1 st & 3 rd Tuesday	12 - 2	Meltham Sports & Community Centre.